



EROS AND PSYCHE: A RELATIONAL PERSPECTIVE ON THE JOURNEY TOWARDS LOVE.

A workshop presented by

SHEILA COWBURN



The Myth of Eros and Psyche will be explored from a Jungian perspective through the lens of the psychological dilemmas the motifs represent in the psyche in a shifting patriarchal paradigm and its impact on relationships. The Eros/Psyche constellation will be viewed as the archetype of relatedness between men and women called along the soul's journey from narcissism to mature Love.

Overcoming powerful complexes and transcending narcissism are features of the journey of the soul initiated by Love. Implicit in the themes to be explored will be the encounter with the repressed Feminine in both men and women. The illusory opposition between love and power reinforces the idea that males and the masculine have and use power and that females and the feminine are powerless. A more differentiated consciousness is our challenge and invitation.

There will be opportunity for working with images reflecting the motifs, group exploration and sharing.

VENUE: C G Jung Centre, 87 Main Rd, Rosebank
DATE: Saturday 26th October 2019
COST: R1600 - Including Lunch and Refreshments
CPD: 7 CEU's - Level 1

BOOKING ESSENTIAL: SEATING LIMITED TO 20

For catering purposes: We ask that Payment reach our account no later than Wednesday 16th October 2019.

PLEASE SEE PAGE 2 FOR BOOKING DETAILS



SOUTHERN AFRICAN ASSOCIATION OF JUNGIAN ANALYSTS
ANALYTICAL PSYCHOLOGY LECTURE SERIES

About the Presenter:

Sheila Cowburn is a Clinical Psychologist and Jungian Analyst who has been in Private Practice. A member of SAAJA and the IAAP. She is a Training Analyst, Supervisor and Member of SAAJA Executive. Her academic background is in the classics. She has taught and given lectures and workshops in South Africa, Canada, and the Jung Institute of Zurich (ISAP). She is author of several Papers on the Feminine and a book entitled *Celibacy and Individuation: A Jungian Perspective* published in Spanish in January 2019. Further involvement has been in Group Relations work and Corporate Consultancy, applying Jungian concepts in Coaching and Director's Team Processes.

Prior reading material (The Myth) will be forwarded to participants before the workshop.

Bring your own writing material/journal for your personal reflections and thoughts

WEEKEND SCHEDULE

08.30 - 10.30	Presentation and elucidation of the Myth of Eros and Psyche and its motifs.
10.30 - 11.00	Tea
11.00 - 13.00	Psychological dynamics and symbolism inherent in the different motifs: Marriage of Death, the Act, Psyche's Knife, Scalding with oil, Four tasks. Marriage on Olympus - Group Discussion.
13.00 - 13.45	Lunch
13.45 - 15.45	Self-Reflection and group work on motifs of significance to individual and group. Feedback from groups.
15.45 - 16.15	Tea
16.15 - 17.15	Invitations to further reflection and growth around particular motif.

ADVANCED BOOKING ESSENTIAL - Seating limited to 20

Email Bookings to: saaja@mweb.co.za

Subject Line: **Surname+Eros**

BANKING DETAILS : STANDARD BANK

Account name: SAAJA Account no: 072975059 Branch code:
025-009 Rondebosch Beneficiary Ref: **Surname+Eros**

PLEASE NOTE: Cheque or Cash deposits are not accepted.

NB: No refund policy if bookings cancelled within 14 days of Workshop. 10% Cancellation fee if cancelled earlier. Thank you

PLEASE NOTE: PARKING

Parking is an issue at the Jung Centre and we ask in consideration for our neighbours, that visitors please park at the Baxter Theatre or along Woolsack Drive.

Thank you

