



# THE SPIRIT IN THE BOTTLE

AN ALCHEMICAL FAIRY TALE FOR MODERN TIMES

PRESENTED BY: RENEE RAMSDEN



If you've ever been drawn to the wisdom offered by fairy tales, alchemy and Jungian psychology, then SAAJA's next Public Programme Lecture presented by Renee Ramsden, will offer an intimate insight into the link between the symbolism of fairy tales, the psychology of Alchemy in the unconscious, and how it relates to the transformational journey of the psyche and soul.

Renee is a clinical psychologist and Jungian analyst who specialises in dream analysis, teaches alchemy and psychology to analyst candidates, and has a long-standing interest in ancient goddess culture grounded in shamanic principles.

## EVENT DETAILS:

**Date:** Tue 21 Nov 2017

**Time:** 7pm for 7.30pm

**Venue:** UCT Lung Institute,  
George Str, Mowbray,  
Cape Town

**Cost:** SAAJA Public  
Programme Members R80;  
Non-members R100

## PLEASE NOTE:

Live streaming facilities via Skype are available for those not able to attend the talk in person.

*Please see Page 2 for more details about the lecture and all relevant booking details.*



SOUTHERN AFRICAN ASSOCIATION OF JUNGIAN ANALYSTS  
PUBLIC PROGRAMME LECTURE SERIES

### More About 'The Spirit In The Bottle'

Renee's lecture will focus on *The Spirit in the Bottle*, an alchemical fairy tale dating from 1812, which describes a boy's encounter with the Spirit Mercurius in the depths of a forest. It's also a fairy tale which Jung analysed as a preface to describe Mercurius – which Jung understood as and named the Self – against the backdrop of his own personal encounter with the world of the unconscious. According to Jung, this particular fairy tale "contains the quintessence and deepest meaning of the Hermetic mystery as it has come down to us today" (Jung, CWV 13).

Renee will dive into the alchemical waters of this ancient fairy tale and reveal why it represents a story of initiation – one where surviving the encounter can bring gifts of healing and wisdom. She will also draw parallels between this fairy tale and Jung's encounters with Philemon, a spiritual figure in Jung's own inner world who taught him about the mysteries of the Self. Jung reflects in his *Red Book* on his encounter with Philemon: "Your wisdom is invisible, your truth unknowable ... but you pour out living water, from which the flowers of your garden bloom, a starry water, a dew of the night." (Jung, *The Red Book*). Finally she will consider how, by embracing the principles and symbolism of the 4,000+ year old practise of alchemy, people today can find in their own dreams the guidance that brings transformation and maturity.

### More About the Presenter

Renee Ramsden has been working in private practice in Cape Town for 33 years. She is a founder member of the Southern African Association for Jungian Analysts (SAAJA) and a training analyst. She specialises in dream-analysis and has been teaching alchemy and psychology as presented by C.G. Jung to SAAJA candidates, the wider professional group and interested members of the public for 21 years. She is currently serving on SAAJA's Executive Committee (Treasurer), Curriculum Committee and Public Programme Committee. She is also co-facilitator of SAAJA's Jung and Film events.

**Cost is R80 for SAAJA Public Programme members and R100 for non-members.**

No bookings are required to attend the lecture (arrive and pay), but for more information contact SAAJA on (021) 689-6090 or email [saaja@mweb.co.za](mailto:saaja@mweb.co.za)



### LIVE-STREAMING OPTION: BOOKING IS ESSENTIAL

If you are not able to join the event in-person in Cape Town, you can register for our live streaming facility via Skype, and join the event virtually. Same cost as in-person attendance applies.

**Please book your slot BEFORE Friday 17 November 2017 by sending your proof of payment and Skype address via email to [saaja@mweb.co.za](mailto:saaja@mweb.co.za)**

**BANKING DETAILS: SAAJA Current Account, Standard Bank, Acc #: 072975059, Rondebosch Branch code: 025009**

SAAJA Analytical Psychology Lecture Series: 2017		
1.5 CPD Points per Lecture		
<b>Jan-17</b> Julian David Ovid's Underworld	<b>Feb-21</b> Machiël Klerk Dream Incubation	<b>Mar-28</b> Lynn Cameron McGregor The Still Centre of the Turning World
<b>Apr-25</b> Kaye Gersh The Dark Night of the Soul	<b>May-23</b> John Gosling and Philippa Colinese An Introduction to an Expressive Sandwork Project on the Cape Flats	<b>Jun-21</b> Vac
<b>Jul-26</b> Renos Papadopoulos 'Accompaniment' as a therapeutic approach <b>CANCELLED</b>	<b>Aug-15</b> Paul Ashton Spirit and Soul from a depth psychological perspective	<b>Sep-26</b> Michael Meade via Jung Platform
<b>Oct-17</b> Madine Swart The Teachings of Nature	<b>Nov-21</b> Renee Ramsden The Spirit in the Bottle: An Alchemical Fairy-tale	<b>Dec -</b> Vac

