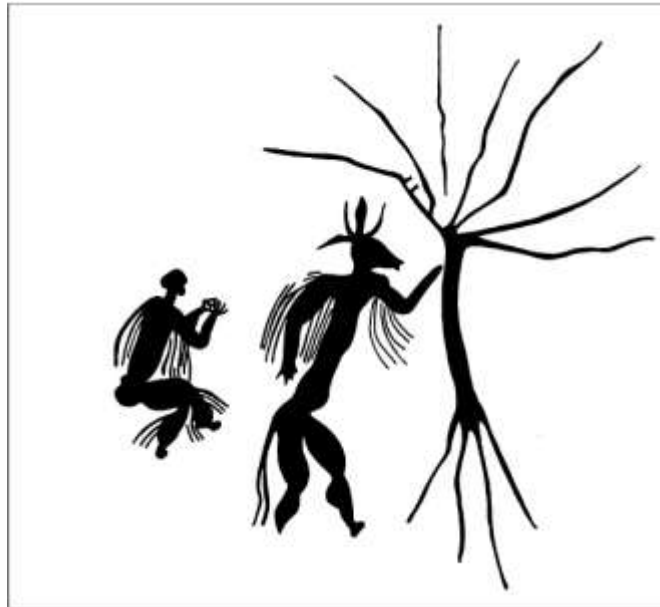




Southern African Association of Jungian Analysts

Presents:

THE TEACHINGS OF NATURE



Continuity and Change in San Belief and Ritual by Siyakha Mguni

MADINE SWART

Carl Jung reminds us that “nature is not matter only, she is also spirit” and he considered natural life to be “the nourishing soil of the soul”. He foresaw the danger of losing our once intimate connection with nature: “As scientific understanding has grown, so our world has become dehumanized. Man feels himself isolated in the cosmos, because he is no longer involved in nature and has lost his emotional 'unconscious identity' with natural phenomena.”

The indigenous knowledge and plant traditions of South Africa offers possibilities for regaining our lost balance with Nature and restoring the plant-human interface. Vera Buhrmann, a pioneer in the practical application of Jungian thought in South African context, advocated that Analytical Psychology has much to learn from the “intuitive non-rational” belief systems of the African cosmology and the archetypes that underpin them. There is a significant inter-connectedness between South African myths, folklore, and plant traditions, as we’ll see in examples from San creation myths and African legends like the Rain Queen of Modjadji, fertility goddess Mbaba Mwana Waresa, and the Water Snake. We’ll also look at how the San’s sacred use of plants to create altered states of consciousness for ritual dances, is a process of transition to meaning, balance, wholeness, and connectedness - both within individuals and between individuals and their environment.

One wonders how these rich African traditions spoke to Jung in 1925 and what it reveals to us in 2017,

Date:

Tuesday, October 17

Time:

7.00 for 7.30 pm

Venue:

UCT Lung Institute,
George Street, Mowbray

Entrance

Members R80
Non-Members R100

Come early and have a cup of coffee while you browse our book display.

Please note: Streaming facilities available for distance participants – bookings through saaja@mweb.co.za

For further information contact 021 689-6090 or e-mail: saaja@mweb.co.za

About the Presenter



Madine Swart is a counselling psychologist in private practice in Strand. She has a special interest in Jungian psychology and is the author of *Flora se Geheime Taal (The Secret Language of Plants)*, essays on the symbolic meaning of Southern African plants. She works as a volunteer at the Stellenbosch University Botanical Garden.



SAAJA Analytical Psychology Lecture Series: 2017

1.5 CPD Points per Lecture

Jan-17 Julian David Ovid's Underworld	Feb-21 Machiel Klerk Dream Incubation	Mar-28 Lynn Carneson McGregor The Still Centre of the Turning World
Apr-25 Kaye Gersh The Dark Night of the Soul	May-23 John Gosling and Philippa Colinese An Introduction to an Expressive Sandwork Project on the Cape Flats	Jun-21 Vac
Jul-26 Renos Papadopoulos 'Accompaniment' as a therapeutic approach <i>CANCELLED</i>	Aug-15 Paul Ashton Spirit and Soul from a depth psychological perspective	Sep-26 Michael Meade via Jung Platform
Oct-17 Madine Swart The Teachings of Nature	Nov-21 Renee Ramsden The Spirit in the Bottle: An Alchemical Fairy-tale	Dec - Vac

