



# Southern African Association of Jungian Analysts presents

## An Introduction to an Expressive Sandwork Project on the Cape Flats



### **Presenters: Dr Philippa Colinese & Dr. John Gosling**

Expressive Sandwork is a community based intervention in collaboration with CASE (Community Action towards a Safe Environment) that applies some of the principles of analytical psychology to work with children living in vulnerable communities. Philippa and John will outline the basic principles of this intervention and offer some examples of their work with children who have participated in projects on the Cape Flats to illustrate how the children respond to the intervention. They will also discuss some of the difficulties in implementing the intervention, as well as the potential benefits it may have for the children, their families, the volunteers, and ultimately the community.

**Date:**

Tuesday  
May 23

**Time:**

7.00 for  
7.30 pm

**Venue:**

UCT Lung Institute,  
George Street, Mowbray

**Entrance:**

Members R80  
Non-Members R100

**For further information 021 689-6090 or e-mail: [saaja@mweb.co.za](mailto:saaja@mweb.co.za)**

**Please note: We now have streaming facilities available for distance participants – bookings through [saaja@mweb.co.za](mailto:saaja@mweb.co.za)**

## Presenters:

**Dr. Philippa Colinese** is a psychiatrist and Jungian Analyst in private practice in Cape Town. She is a member of SAAJA's Assessment and Review Committee for the training of Jungian analysts, and a certified trainer for IAES (International Association of Expressive Sandwork) with a special interest in working with children in vulnerable communities.

**Dr. John Gosling** is a psychiatrist and Jungian analyst. He trained at the C.G. Jung Institute of New York and returned to Cape Town in 2004. He is a past-president of SAAJA and is also a training analyst. He has a special interest in dreams, complexes, archetypes and how psychoneurobiology informs our work and approach to psyche. He is a certified trainer for IAES and interested in exploring how the principles of analytical psychology can be applied in helping children in vulnerable communities and how these principles can be applied to help us better understand politics, films, literature, and the opera.

### SAAJA Analytical Psychology Lecture Series: 2017

#### 1.5 CPD Points per Lecture

<b>January 17</b> Julian David  <b>Ovid's Underworld</b>	<b>February 21</b> Machiel Klerk  <b>Dream Incubation</b>	<b>March 28</b> Lynn Carneson McGregor  <b>The Still Centre of the Turning World</b>
<b>April 25</b> Kaye Gersh  <b>The Dark Night of the Soul</b>	<b>May 23</b> John Gosling and Philippa Colinese  <b>An Introduction to an Expressive Sandwork Project on the Cape Flats</b>	<b>June 21</b>  Vac
<b>July 26</b> Renos Papadopoulos  <b>'Accompaniment' as a therapeutic approach</b>	<b>August 15</b> Paul Ashton  <b>Spirit and Soul</b>	<b>September 19</b> Jung Platform  Thomas Moore
<b>October 17</b> Braam Beetge  <b>Sand play therapy</b>	<b>November 21</b> Renee Ramsden  <b>The Spirit in the Bottle: An Alchemical Fairy-tale</b>	<b>December</b>  Vac